

# OhioHealth McConnell Heart Health Center

Businesses that partner with OhioHealth Employer Services can take advantage of a corporate membership program at OhioHealth McConnell Heart Health Center.

Our 130,000-square-foot, state-of-the-art, medically integrated wellness center offers a healthy experience for people of all fitness levels. This is a great incentive to add to your wellness program to encourage employees to live healthier and potentially reduce healthcare costs.

## SERVICES AND AMENITIES:

- + Cybex® and free-weight equipment
- + Cardiovascular equipment
- + Walking track
- + Executive-style locker rooms with showers, sauna and steam rooms
- + Free parking
- + Free Wi-Fi
- + Heart healthy café

## CLASSES AND SPECIAL PROGRAMS:

- + Fitness classes
- + Aquatic classes
- + Personal trainers
- + Massage therapy
- + Nutrition and wellness education
- + Surgical bariatrics and medical weight treatment program
- + Cardiac rehabilitation program

NEED MORE  
INFO?

Call: (614) 544.4656

Visit: [OhioHealth.com/EmployerServices](http://OhioHealth.com/EmployerServices)

Email: [EmployerServices@OhioHealth.com](mailto:EmployerServices@OhioHealth.com)

## CORPORATE MEMBERSHIP

3773 Olentangy River Road  
Columbus, Ohio 43214

### Individual

- + \$99 one-time enrollment fee (regularly \$199)
- + \$80 due monthly

### Senior

- + \$99 one-time enrollment fee (regularly \$199)
- + \$67 due monthly

### Additional Family Members

Spouse, children 18–25, or parents residing in same household)

- + \$99 one-time enrollment fee (regularly \$199)
- + \$52 due monthly/per additional person

### Hours:

Monday through Friday: 5:30 a.m. to 10 p.m.  
Saturday: 6:30 a.m. to 7:30 p.m.  
Sunday 7:30 a.m. to 7:30 p.m.

*Enrollment fees and dues are subject to sales tax.*

# OhioHealth Grant Health and Fitness Center

Businesses that partner with OhioHealth Employer Services can take advantage of a corporate membership program at OhioHealth Grant Health and Fitness Center.

Our 25,000-square-foot, medically integrated wellness center offers a healthy experience for people of all fitness levels. This is a great incentive to add to your wellness program to encourage employees to live healthier and potentially reduce healthcare costs.

## SERVICES AND AMENITIES:

- + Cybex® and free-weight equipment
- + Cardiovascular equipment
- + Walking track
- + Spacious locker rooms with showers and sauna
- + Free parking with membership
- + Free Wi-Fi
- + Retail store

## CLASSES AND SPECIAL PROGRAMS:

- + Fitness classes
- + Personal trainers
- + Nutrition and wellness education
- + Massage therapy
- + Cardiac rehabilitation program

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## CORPORATE MEMBERSHIP

340 East Town Street, Ninth Floor  
Columbus, Ohio 43215

### Individual

- + \$25 one-time enrollment fee
- + \$40 due monthly

### Family Membership Package

- + \$75 one-time enrollment fee
- + \$70 due monthly (covers self and family ages 14–18)
- + \$95 due monthly (covers self and family ages 19–23)

### Hours:

Monday–Friday: 5:30 a.m. to 8:30 p.m.  
Saturday and Sunday: 8 a.m. to 4 p.m.

*Enrollment fees and dues are subject to sales tax.*



**OhioHealth**  
BELIEVE IN WE™